

ManageMyHealth

Patient Guide

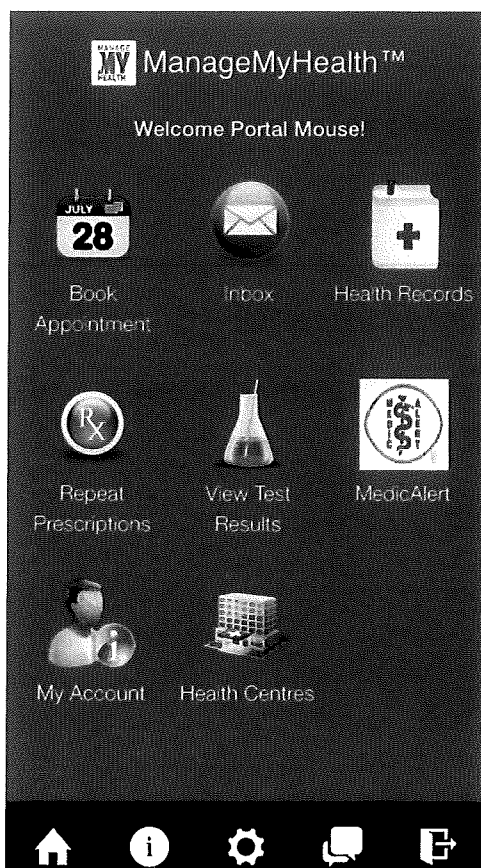


Our new online service that gives you the freedom to manage your health needs anytime, anywhere.

Using your Portal

From within your online portal you can:

- Book appointments
- Order repeat prescriptions
- View lab results
- View your immunisation record
- View medications prescribed
- Make and track your own health goals

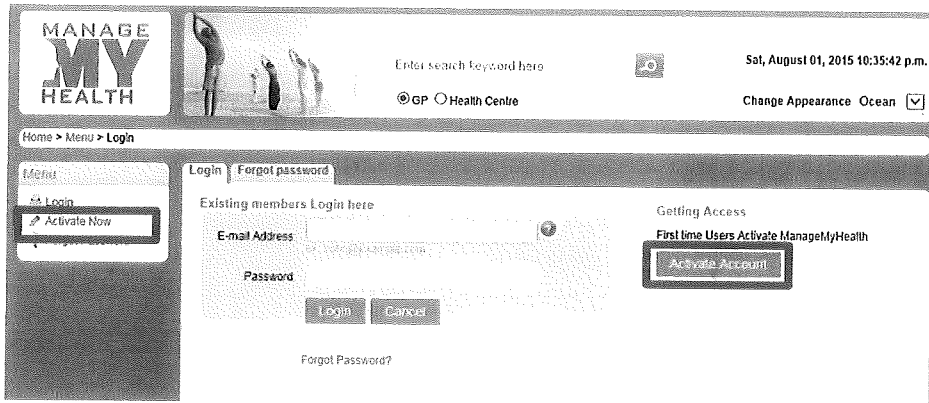


Three Steps for Patients to Activate Manage My Health (MMH)

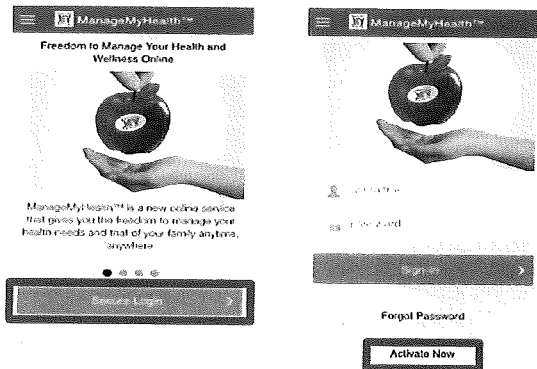
1. Go to ManageMyHealth.co.nz - Click Activate (use activation code from print out)
2. Go to Patient email account and open confirmation email from MMH
3. Login to MMH

See detailed Instructions below

1. To activate your portal go to www.managemyhealth.co.nz. Click 'Activate Now' and then 'Activate Account'



You can also activate your portal on the 'ManageMyHealth' iPhone and Android App. To download go to your app store search for ManageMyHealth and download. Click 'Secure Login' and then 'Activate Now'.



You will then need to enter your email address and activation code.

2. Open your personal email then open the email from ManageMyHealth (check junk and spam folders). Select the click here link within the ManageMyHealth email

Please [click here](#) to complete your registration or copy and paste the link below into your browser address bar and press enter

3. This will direct you back to the ManageMyHealth webpage or app. Read and accept the terms and conditions and then click 'Register'.
4. You should now be able to login to your online portal!